



Northwest Behavioral Associates

Treating Autism through Intervention and Education

Dear Families and Friends of NBA,

Seasons Greetings! The past year has seen many changes at NBA and as always, we are so appreciative of the support families and the community in general provide to our staff and children.

Our first annual Art for Autism was successful and elegant thanks to the efforts of Event Chairperson Graydon Agar and his team of volunteers headed by Danette Ames, Michael Konkel, and Christina Peters. AFA 2004 is already in the works! If you would like to serve on the volunteer committee for AFA 2004, please contact Stacey Shook.

NBA welcomed a new Program Manager this fall. Jane Shively joined the team in November. Jane was our first ever intern from the University of North Texas and we are thrilled to have her join us on a full time basis. We have also recently welcomed a new Board Member, Lynn Christian. Lynn is the parent of a child served by NBA and brings a wealth of fundraising experience to

the NBA Board.

Amy Barnhill has worked very hard in coordinating our first ever School Year Small Instruction groups. There are currently three groups in operation with plans to create a new group after the holidays. We are lucky to have Senior Tutors Danette Ames, Heather Hackett-Hayes, and Michael Konkel assisting Amy with the groups.

Congratulations to Stacy Barton and Nathan Higgins on their October 18, 2003 wedding in Hawaii! Congratulations also to Allison Lowy Apple for completing her doctoral general exams.

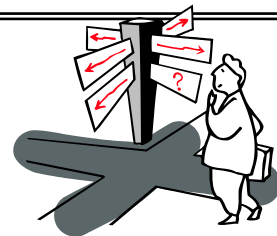
NBA continues to be amazed at the progress our children make and look forward to a rewarding and exciting 2004.

Thank you,

Stacey Shook, Ph.D., BCBA
Executive Director

Fall 2003

Our mission at Northwest Behavioral Associates is to provide individualized therapy and education for children with autism and related disorders and their families, and to promote awareness of autism in the community.



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Kids Helping Kids

Cub Scout Pack 514, Den 5 is collaborating with NBA Staff to make the annual Holiday Boxes as well as distribute them around the greater Eastside area. The boys will also be present in the community this holiday season providing information about NBA and their experiences as play date partners with children on the spectrum. The Pack is under the direction of Leslie Bray who graciously sponsored holiday boxes last year at Coffee Creations Ltd. Keep your eyes open for the boxes and the boys! Any parents interested in placing a Holiday Box can contact Leslie Bray at LESLIE BROOKS [lesliebrooks@verizon.net] Thank you for all your help!



Welcome Jane Shively!

I've worked with children with autism and their families since 1996. I've recently completed a dual internship in Seattle as part of my final requirements for my master's degree in Behavior Analysis from the University of North Texas. My internship experience included teaching at Morningside Academy, a private school that utilizes precision teaching, where I gained knowledge of fluency based instruction methods. I also interned here at NBA, assisting on several cases as well as with small group instruction sessions.

Throughout my training, I provided services to individuals across the autism spectrum within the ages of 3-13. While in Texas I worked in a number of home-based programs, providing direct intervention to children, as well as parent, sibling, and staff training, program management, and consultative services to families and educators.

I also worked at the Dallas-Fort Worth Center for Autism (DFWCFA), a non-profit preschool for both typically developing children as well as children with autism. At DFWCFA, I served as a program manager and continued to provide direct intervention to children with autism, receiving extensive training in naturalistic teaching procedures. I also conducted research projects on play skills and staff training while at the center. In addition, I worked for Denton Independent School District in Denton, Texas, where I conducted functional analyses of problem behaviors and trained school personnel on the basic principles of behavior analysis.

Prior to earning my master's degree, I earned a B.S. degree in Psychology from Washington State University, where I worked closely with Dr. Tristram Smith as part of the Northwest Young Autism Project. During this time I served as both an

undergraduate research assistant and home therapist, and received comprehensive training in discrete trial instruction.

As part of my professional development, I will be sitting for the Behavior Analysis Certification exam in May, and continue to conduct research experiments. My current areas of interest include play and leisure skills, therapist training, rapport building, and conversation skills. I have participated in numerous research presentations and training workshops for both parents and professionals. My professional memberships include the national Association for Behavior Analysis (ABA), the Texas Association for Behavior Analysis (TxABA), and the Autism Special Interest Group (Autism SIG). I am very excited to be back in the Northwest and am looking forward to serving families in the Seattle and Portland areas!

Art For Autism Wrap Up

Thanks to all the staff, parents, volunteers and artists who made the first annual Art For Autism a great success. Our goal for the first year was to raise twenty five thousand dollars. While we did not reach that goal, we did raise fifteen thousand dollars through donations, tickets sales, and sold artwork. If you were unable to attend the event or attended the event but no special piece of artwork caught your eye and you would still like to make a contribution to Art

for Autism 2003, we are continuing to accept donations through the end of the calendar year. Contributions can be mailed directly to the NBA offices at 12506 128th Lane NE, Kirkland, WA 98034 and flagged for AFA. NBA is able to accept contributions made via American Express, MasterCard, and Visa payments as well; to make a contribution using your credit card, please contact Stacey Shook directly at (425) 823.6442 extension 100 or at sshook@nba-autism.com.



Welcome Tina Suttyak!



I am a Southern California native. I was born and raised in a suburb outside of Los Angeles. I received my BA in Liberal Studies at California State University, Northridge in 1996 with a concentration in English as a Second Language. I am currently completing required coursework for certification in Applied Behavior Analysis from Southern Illinois University at Carbondale: Distance Learning Program.

Prior to relocating to the Santa Cruz area, I began my work experience as a Special Day Class teacher for a public school in Calabasas, Ca. During this time, I had the wonderful opportunity to support a fellow colleague of mine, as a home therapist by providing direct behavioral and language services to young children with autism. Although, I enjoyed teaching in the public school setting immensely, I knew I wanted to further my work experience by working with children with autism through Applied Behavior Analysis.

It was through this realization that I left my home town, for Northern California to serve as both Case Manager and Head Teacher for The Bay School, a non profit school for children with autism. While there, I had the opportunity to hire and train instructors, monitor student performance and

receive training in fluency-based measures. During this time, I also provided instruction to and managed a program for a child with autism as a Behavior Specialist with Easter Seals Society of Central California. During that process, I had gained training and experience in many teaching methods, including errorless teaching, incidental teaching, and activity schedules.

Over the past few months, I have been very excited about being part of NBA through the California Outreach Program. I have found that the training and support of Stacey Shook, Allison Apple and Allyson Moore to be invaluable. I am very fortunate to be a part of such a wonderful and motivated team!

Beginning Tutor Training Workshops

These workshops are for tutors who have just been hired to work with children we serve. Parents of children served by NBA are also welcome to register. Workshops will take place every other week. Each workshop will be provided for 3-6 participants and will be held contingent on the number of individuals who pre-register with their Program Manager. The cost is \$25 per person. Beginner Training will cover the following topics:

- Definition of Autism**
- Discrete Trial Instruction**
- Definition of Reinforcement**
- Reinforcement Schedules**
- Errorless teaching**
- Prompting**
- Maintenance and Generalization**
- Data Collection**

Ask Justin



they celebrated together more than just one year in the Fall. A great place to learn more is on the internet at the Ask Jeeves site for kids: www.ajkids.com. You can ask just about any question and it gives you ideas on where to find the answers.

give a small child?

When I was a small child, I liked puzzles, books, building toys, and games about geography. The Lakeshore Learning Center in Bellevue is a good place to look and also www.YoungExplorers.com.

Do you think giving all these toys to kids is a good idea?

Well, I have to be careful how I answer this! I think all kids like to get new toys and that parents like to make their kids happy. I also think sometimes kids ask for too many toys and sometimes parents give too many toys. I think it's more important to spend time together playing and you don't have to have tons of toys to do that.

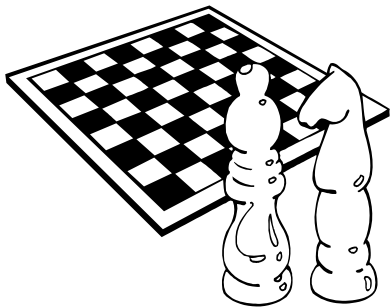
What is the hottest toy for the holidays?

I don't know if there is one really hot toy this holiday but some toys that kids my age seem to always like are Legos, trading cards like Yu-Gi-Oh, Hot Wheels, and musical stuff like boom boxes, keyboards, etc.

What is a good educational toy to

How did Thanksgiving start?

In school, we learned that the first Thanksgiving was a celebration by the Pilgrims and Native Americans at Plymouth Colony. I think



Justin Kotalik is the 7 ½ year old brother of Carrie Kotalik, a child served by NBA. He is one of Carrie's best ABA therapists and was NBA's original peer for the 2001 Summer Social Groups. He is a second grade student at Moorlands Elementary where his favorite subject is math. An active Cub Scout, Justin also enjoys sports, Bionicles, cooking, conducting science experiments, and reading, especially Harry Potter. Justin and Carrie also have two older half brothers J.J. and Steven.

NBA Holiday Schedule

Just a reminder, below are the days the Center will be closed:

**Monday, December 22, 2003 - Friday, January 2, 2004 -
Winter Break**

Monday, January 19, 2004 - Martin Luther King, Jr. Day

Monday, February 16, 2004 - President's Day

Monday, May 31, 2004 - Memorial Day

Monday, July 5, 2004 - July 4th Break

NBA Wishlist

Curricula:

- ~SRA Reading Mastery- Rainbow Series
- ~Scott Foresman Reading: grades K-2 - all volumes of the readers
- ~Scott Foresman, Addison Wesley Math: grades k, 1, 2 Teacher's Guides

Materials:

- ~Earobics for the computer
- ~Lakeshore Storyteller Library
- ~Lakeshore Buckle, Lace and Tie ~Dressing Frames
- ~Lakeshore Learn to Dress Book
- ~Lakeshore Listening and Following Directions Activity Packs
- ~Lakeshore Sort and Match Reading Games
- ~Super Duper WH Question Combo Decks
- ~Super Duper Ask and Answer WH Fun Sheets
- ~Super Duper Cause and Effect Cards
- ~LVA Emotions in context flash cards
- ~Puzzle rack

Toys/Games:

- ~Sorry (board game)
- ~Sensory integration full-length bag
- ~Bailey's Book House
- ~Millie's Math House
- ~Toy garage
- ~Tool Bench
- ~Fire House
- ~Airport

Miscellaneous:

- ~4 copies of Windows XP
- ~11 copies of Office 2003
- ~Digital camera
- ~Overhead projector
- ~Laptop (PowerPoint, Excel & Word compatible)

Shop at schoolpop.com

Did you know you can raise additional funds for Northwest Behavioral Associates when you start all your online shopping at www.schoolpop.com? You will find hundreds of brand-name online merchants all in one convenient shopping mall - at no additional cost to you! Schoolpop brings together store, catalog and online merchants with parents and the community to raise money for K-12 schools and youth organizations nationwide. A percentage of every purchase a shopper makes is rebated to the schools and youth organizations selected - at no additional cost to the shopper. 45 days following each quarter, Schoolpop will mail a rebate check to those schools and youth organizations. It's easy to make a difference with Schoolpop! Shop at hundreds of online, store and catalog merchants, or subscribe for magazines, and a percentage of each purchase you make will be rebated to Northwest Behavioral Associates. Just go to www.schoolpop.com, and select Northwest Behavioral Associates as your school of choice!

Northwest Behavioral Associates

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Northwest Behavioral Associates (NBA) is a highly respected and supported non-profit organization providing behavioral therapy and specialized education for children with Autistic Spectrum Disorder and pervasive developmental disorders. NBA uses internationally recognized methods of treatment to impact children's lives and to assist and educate the community about this increasing diagnosis.

- NBA Staff
- Stacey Shook, Ph.D., BCBA
Executive Director
 - Allison Lowy Apple, M.Ed., BCABA
Outreach Coordinator
 - Dana Salinger, M.A., BCBA
Training Coordinator
 - Graydon Agar, M.A., BCBA
Program Manager
 - Amy Barnhill
Program Manager
 - Stacy Barton
Program Manager
 - Wendy Knowles Drake
Program Manager
 - Allyson Moore, BCABA
Program Manager
 - Kelly Ferris, M.Ed.
Program Manager
 - Melissa Liotti, BCABA
Program Manager
 - Christina Sutyak
Program Manager
 - Jane Shively
Program Manager
 - Amy Shriver
Billing & Intake Manager

- Board of Directors
- Tracey Newsome
- President
 - Gabriel Rosenthal
- Vice President
 - Charolett Henderson
- Secretary
 - Michelle Coe
- Treasurer
 - Kristin Martinez
 - Julie Thomsen
 - Lynn Christian
- Advisory Board
- Ilene DeRemer
 - Lori Kell
 - david Larson
 - Lisa MacMiller
 - Julie Osterling, Ph.D.
 - Ilene Schwartz, Ph.D.
 - Kayle Shulenberg, M.A.
 - Bridget Taylor, Psy.D.

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